

**Announcing Page Lambert’s 20th Anniversary
River Writing Journey for Women**

As featured in Oprah’s *O Magazine*

River Writing & Sculpting
With special guest artist **Roxanne Swentzell**



Cataract Canyon on the Colorado River

\$2150 ~ August 28 to September 2, 2017 ~ 6 days & 5 nights, Moab, Utah

PAGE LAMBERT returns to celebrate her 20th river-writing journey for women in Utah's beautiful Cataract Canyon on the Colorado River through Canyonlands National Park. Joining Page as her special guest (back by popular demand) is **ROXANNE SWENTZELL**, world renowned Santa Clara Pueblo sculptor, author, and co-founder of the Flowering Tree Permaculture Institute.

THIS SPECIAL ANNIVERSARY TRIP will explore writing and sculpting as complementary forms of creative expression. Whether journaling or writing professionally, an established artist or just beginning, the natural world unleashes powerful creative energy. During this six-day trip, Roxanne will guide us in sculpting with our hands, using river clay and materials gathered from the land, and Page will guide us in sculpting with words. The women who participate in these trips have diversified backgrounds; some are experienced writers and artists, many are not. Some have rafted before, many have not. But all share the desire for a creative adventure in the wilderness with other women. We've purposely selected this late-summer trip date to synchronize the pace of the creative journey with the river's more relaxed, late-season rhythm.

PERSONAL JOURNALING AND SCULPTING TIME is woven into the moments between floating down the Colorado River, hiking at your leisure, or relaxing on shore. Although this is *not* a workshop, creative discussions about sculpting and writing will take place at the river's edge and continue throughout the day, ending with readings under the stars. "Women rediscover a unique part of themselves in the natural world," Page says, "and we inspire each other in uniquely feminine ways."

WHY THE RIVER? Women have always gathered at the river. It is where we traditionally have come to greet the sun, to bathe our children and wash our clothes and fill our cooking pots. It is where we cleansed and purified ourselves. It is where we told our stories. The river has always nourished us.

ENJOY 6 DAYS/5 NIGHTS on the famous Colorado River through a canyon deemed a favorite of National Geographic. The trip is led by the West's premier outfitter Sheri Griffith Expeditions out of Moab, Utah. All the comforts are included, and the Sheri Griffith Expeditions women guides are some of the best in the world: fun, talented, professional and inspiring. **And they do all the cooking!**

Spectacular scenery, fantastic whitewater, a Writing and Sculpting Adventure in warm and sunny southern Utah. Isolated from modern civilization, the red cliff walls tower 2000 feet overhead, touching that flawless Western blue sky. Here the famous Colorado River flows freely, undammed and untamed. The first three days are spent floating on calm water, giving us time to explore the creative world of writing with Roxanne and Page. Free-flowing writing and sculpting will unfold organically, on the river and at camp. We'll stop for optional hikes to scenic lookouts and through secret canyons. The evenings and mornings allow time for journaling, circling up with the group, and enjoying the natural beauty. As we approach the rapids we'll be eager for some whitewater adventure. Campsites on beautiful beaches along the riverbank are remote so we carry with us all the comforts we'll need for our stay in the natural world. Every camp is pristine with only a few footprints of birds, animals or other travelers who pass this way.

A QUICK GLANCE AT THE ITINERARY

Arrival Day: Trip orientation is 5:00 PM, Sunday, August 27, 2017 at the SGE office in Moab, followed by a “no-host” dinner with Page and Rox. The trip launches the next day, Monday, August 28, 2017.

Days 1 & 2: We drive to the river, hop on a jet boat, and cruise downriver a few miles to the Grotto, where the rafts and women guides will be waiting for us. The guides prepare fresh meals each day, and camps are on remote beaches, offering more time to reflect, journal, sculpt, and visit about writing and sculpting with Page and Roxanne.

Days 3 & 4: We have a “layover” camp where we stay in the same camp for 2 nights. There'll be ample time for writing, sculpting, resting, hiking, swimming, great meals, and circling up to share stories under the stars.

Day 5: After a hearty breakfast, we push-off. The guides take time to teach you how to enjoy the big rapids safely. Then the fun continues as we focus on the rapids, our journals safely stowed in waterproof boxes. Here are the incredible rapids of Cataract you've heard so much about. After navigating the rapids, we pull off to camp and write about the experience while the emotions are fresh and vibrant.

Day 6: We will view beautiful desert scenery and take on the final rapids. We will then have time to relive the memories as we pull off the river and head back to Moab. We will return to the SGE office between 6:00 PM and 6:30 PM.

***Note: This is an example itinerary and may change due to weather, water levels, camp availability etc.**

ABOUT PAGE'S SPECIAL GUEST ROXANNE SWENTZELL

Roxanne's sculptures demonstrate an astounding universality, speaking to people of all cultures. Nationally acclaimed and world renowned, her award-winning art is on display and in permanent collections around the world, including the Smithsonian's National Museum of the American Indian, the White House in Washington, D.C., the Heard Museum in Phoenix, AZ, Cartier in Paris, Santa Fe Convention Center in NM, Museum of Wellington in New Zealand, and the Denver Art Museum in Colorado. Her figures represent a full range of emotions and irrepressible moods, and focus on interpretative female portraits attempting to bring back the balance of power between the male and female inherently recognized in her own Pueblo culture.

ABOUT PAGE LAMBERT

Award-winning author and speaker Page Lambert is a book doctor, writing coach, editor, and project consultant. She's been leading nature retreats and writing seminars for twenty years. She designed and teaches the graduate course, “The Writing Life: Concepts, Practices and Professionalism”

for the master's program at the University of Denver's University College. (Featured in the photo are Roxanne, Page, and *Mud Woman Rolls On*, a permanent sculpture on exhibit at the Denver Art Museum.)



THE JOURNEY INCLUDES:

- Optional one-on-one consultations with Page
- Time for writing, rafting, sculpting, and hiking
- Enough civilization to be comfortable in nature
- Professional women guides on every raft
- Tents, sleeping bags, Paco pads
- Writing journals, water resistant pouches, sculpting materials
- All meals prepared for you ~ fresh and health

QUESTIONS? Contact SGE with rafting questions or Page directly: (303) 842-7360, page@pagelambert.com.